

ROSINA ANDREWS

A pioneer and a creative.
International Dance Coach and Choreographer

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Rosina is an experienced Choreographer and Dance Coach who has worked intensively around the world. She is the author of Pirouette Surgery® and Leap Surgery® and founder of Rosina Andrews Method which is taught in dance studios worldwide. Rosina's work collaborates biomechanics and science, with artist and choreography offering dancers long and healthy careers. Her individuality, work ethic and creative styles are principally based upon her time living and working in New York. Rosina's teaching and choreography has won awards and been noted for its originality, innovative ideas and personal touch. As a dance coach Rosina has worked closely with some of the world's best young dancers.

Rosina is the director of Amplify Dance UK – the UK's first touring dance convention based purely upon education which is currently in its second season.

Together with her husband, Samuel Downing (who is a certified personal trainer), their methods are enhancing dancers worldwide

Qualifications

Diploma in Professional Dance – Performers College
BA Hons (Child Development) – Middlesex University
Post Graduate Certificate – Broadway Dance Centre
ISTD Diploma in dance education (Modern and Ballet)
Enhanced DBS Check

Teaching Expertise

Jazz, Virtuosity, Contemporary and Theatre Jazz

Regular Lecturing

2018- Present	Wilkes Academy
2018- Present	House of Jazz, Onyx London
2017- Present	Can You Dance? Touring Faculty
2017-2018	Base Studios London
2013-2014	Danceworks London
2011-Present	Myra Tiffin Performing Arts School

Rosina and her team tour the country offering workshops and teachers intensives each weekend. Over 500 studios worldwide use Rosina Andrews Method techniques within their classes.

Professional Dance Experience

Between the years 2009-2015 Rosina worked as a professional dancer in the UK and America. Some highlights of her credits are below.

2009-2015	Dancer	Dance Company	Kinisi Dance Company Member
2015	Dancer	TV	Jonathon Ross
2015	Dancer	Theatre	Show and Prove- KDC
2012	Dancer	Theatre	The Bridge @ National Theatre
2012	Dancer	Site Specific	Worldly Shapes @ St Martins
2012	Dancer	Dance Company	Pushing Progress: New York
2012	Dancer	TV	LMFAO- Good Morning America
2012	Dancer	Flashmob	The Anderson Cooper Show
2012	Dancer	Music Video	Shaggy
2011	Dancer	Theatre	Bluebeard Opera
2011	Dancer	Site Specific	Big Dance numerous locations.
2011	Model	Music Video	Give it Up, Ema the Kid
2010	Dancer	Television	Everybody Dance Now
2010/11	Dancer	Pantomime	Aladdin, Duo Productions
2009/2010 Productions	Dancer	Pantomime	Cinderella, First Family

References

Rosina has been visiting Guernsey College for several years now and her dance workshops are exceptional. She has the ability to motivate, inspire and cultivate talent in both gifted dancers and the most hard to reach students. Her teaching is always of a very high standard and I'm convinced she weaves a bit of magic into her work. I am moving to another college soon and will definitely be inviting her to work with my new students. Grab her while you can; she is destined for great things!

Vanessa Mee, Performing Arts Diploma Co-Ordinator
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Nothing was ever too much for Rosina, she is proactive and catered to our every changing, rather random needs. She had a fabulous rapport with the girls.

Kat Jackson ITV/Shine Productions
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