

# Return to Rosina Andrews Method Events



Our comprehensive guide for your  
child's safety and our protocols  
during Covid 19.

Last Updated August 2020

# Attendance

Students and teachers should only attend the event if they and their family members are free of any cold and flu like symptoms as well as those specifically associated with Covid 19.

We ask that isolation, quarantine and testing protocols laid out by the government are adhered to by all our students, families and faculty.

Numbers of attendees, faculty and demonstrators have been capped to follow indoor leisure and meeting guidelines. With attendees placed in one learning capsule we are able to quickly and conveniently track and trace should the necessity happen.

Each teacher and faculty will need to have completed a waiver test and trace information and be health checked upon arrival.

# Cleaning and Hygiene

We will be stipulating hand hygiene upon arrival and leaving the studio with our hand sanitiser units. Studio floors and surfaces will be cleaned thoroughly.

Our large, high ceiling fully ventilated rooms will have all windows and doors open.

# Distancing and Drop-Off

We have a one way systems and staggered arrival and departure times for entry and exit to the studio building . There are markers on the floors for a one way system around the building. Toilets allocated to each studio space to reduce contact. Each studio has been marked with 2m2 spots for teachers to

observe/dance in their own personal space. Teachers will not be participating in any partner activities or using any props.

Please enter by MTPAS second red door (without the security code) and upon arrival wait socially distanced with observance of the general public.

## Arrival Procedure and Exit

Upon entering the studio complex we ask teachers to change or take off their shoes. There is a place for these. They will then hand sanitise and have a temperature check before being taken to their studio.

Teachers will exit out of the main red door after using the sanitiser station.

## Risk Assessment and Certification

All staff have completed Prevent Covid19 courses and the certificates are in the studio. Our Risk Assessment is available for all to read on our website. This will be updated as Government guidelines change.

## Breaks

Inevitably with a whole day event teachers will need to take their breaks or eat their lunch at the studio. Any break times will be taken within their learning capsule and a room allocated for them to eat and be in. Teachers can of course leave the building and return after the breaks.

# Teachers Intensive 2020 Timetable

<b>Saturday 29th August</b>						
10am	Arrival					
10.30am	Meet and Greet					
11am	Rosina Andrews Method including Pirouette Surgery*					
1pm	Lunch					
1.45pm	James Harris Masterclass - Artist and Creative Development for Young Dancers					
3.45pm	Break					
4pm	Safe Stretch with Samuel Downing					
5.30pm	Teaching Tools					
6pm	Social evening					
<b>Sunday 30th August</b>						
9am	Arrival					
9.30am	Warmup, Strength Principals with Samuel Downing including Leap Surgery*					
11.30am	Working with Minis 5-8years old- Rory Fraser					
12.30pm	Lunch					
1.15pm-3.45pm	Your passion is a business' Seminar Sarah Gittins from the Dance Den					
3.45pm	Break					
4pm	Contemporary, Improvisation and Choreography Inspiration - Rosina Andrews					
5pm -5.45pm	Reboot with Rosina Andrews					

## Continued Communication

We would like that all communication is continued to be taken by email to [rosinaandrews@me.com](mailto:rosinaandrews@me.com)

In matter of emergency or to instigate test and trace we will use text message as our first choice of communication. Please use 07712816666 your port of contact.

We believe as ever that clear concise communication is paramount to our success as a business and therefore ask that you are proactive with checking and replying to your emails and texts.

# Rosina Andrews Method Faculty Promise

At this time of uncertainty our faculty promise to offer a safe outlet to your learning. Somewhere for you to resume a sense of normality and to reboot your training. It comes with a great honor and also responsibility that our faculty have such an important role in this rebuilding phase for you and therefore we have asked them to follow guidelines strictly and take additional precautions within their lifestyles in order to not compromise Rosina Andrews Method, it's students or families.